

Pre-Occupational Therapy

General Prerequisite Coursework for Texas OT Schools

A 'C' or better is required in all coursework
Completion of a degree is **STRONGLY** recommended

BIOL 2301/2311 Anatomy & Physiology I (4hrs)
BIOL 2302/2312 Anatomy & Physiology II (4hrs)
BIOL 1500 Medical Terminology (2hrs)

MATH 1680 Statistics (3hrs)
PSYC 3620 Developmental Psychology (3hrs)
PSYC 4610 Abnormal Psychology (3hrs)

Additional Requirements by School

Program requirements may change without notice and vary with each school; you are still responsible for checking schools' websites for admissions information. Please see your academic advisor to further explore the requirements of the school in which you are interested.

Abilene Christian University (M, D)

See box above

AP credit not accepted for prerequisites

Army Baylor (Fort Sam Houston) (D)

Biological Science w/ lab

PHYS 1410/1430 General Physics I (4hrs)

OR KINE 3050 Biomechanics (3hrs)

Additional Social Science (6hrs)

Choose from: PSYC, SOCI, or humanities

Does not require Medical Terminology

Baylor University (Waco) (D)

PHYS 1410 General Physics I (3hrs)

Or KINE 3050 Biomechanics (3hrs)

Must have 6hrs of psychology, 3hrs of which must be Abnormal Psychology, Neuropsychology, or Behavior Disorders

Additional Social Science (3hrs)

Choose from: psychology, sociology, anthropology, public health, ethnicity, gender studies, religious studies, or philosophy.

Tarleton State University (D)

SOCI 1510 Intro Sociology (3hrs)

Texas Christian University (D)

PHYS 1410 General Physics I (3hrs)

Or KINE 3050 Biomechanics (3hrs)

SOCI 1510 Intro Sociology (3hrs)

Or ANTH 1010 Intro Anthropology (3hrs)

Recommended:

BIOL 1500 Medical Terminology

Texas Tech University (D)

PHYS 1410 General Physics I (3hrs)

Or KINE 3050 Biomechanics (3hrs)

Does not require Medical Terminology

Texas Woman's University (D, P)

See box above

If interested in the Ph.D. program, please see advisor.

University of Incarnate Word (D)

Additional Social Science- (3 hrs)

Choose from: PSYC, SOCI, ANTH

PSYC 1630 Introduction to Psychology (3 hrs)

College-level Science with Lab (4 hrs)

Choose from: General Biology, General Chemistry, or General Physics

Does not require Developmental Psychology

University of Mary-Hardin Baylor (M)

PHYS 1410/1430 General Physics (4hrs)

Or KINE 3050 Biomechanics (3hrs)

SOCI 1510 Intro Sociology (3hrs)

Grade of 'B' or better required for all prerequisites

AP credit not accepted for science prerequisites

University of St. Augustine (M,D)

ANTH 1010 Intro Anthropology (3hrs)

OR SOCI 1510 Intro Sociology (3hrs)

UT—El Paso (D)

PSYC 1630 General Psychology (3hrs)

Additional Social Science (3hrs)

Choose from: PSYC, SOCI, ANTH

UT Medical Branch (D)

PHYS 1410 General Physics I (3hrs)

Or KINE 3050 Biomechanics (3hrs)

Additional Behavioral Science- (3hrs)

Choose from: SOCI 1510, ANTH 1010 or PSYC 1630

Humanities- (3hrs)

Preferred: philosophy, literature, critical thinking, ethics, English composition

Does not require Medical Terminology

UT Health Science Center—San Antonio (D)

PHYS 1410 General Physics I (3hrs)

SOCI or ANTH elective (3hrs)

UT—Rio Grande Valley (D)

KINE 3050 Biomechanics (3hrs)

PSYC 1630 Intro Psychology (3hrs)

SOCI or ANTH elective (3hrs)

Recommended:

PHYS 1410 General Physics I (3hrs)

TECM 2700 Technical Writing (3hrs)

BIOL 1500 Medical Terminology (2hrs)

Ethics or Social Justice elective (3hrs)

By the year 2027 each OT program will have transitioned to the doctoral level. Until then, some programs will offer multiple degree tracks; see the guide below:

M- Master's / D – Doctoral / P- Ph.D.

Scan the QR code for more information on the Pre-OT Pathway and how to be a competitive applicant for admission.



Mapping the Pre-Occupational Therapy Journey

*With the help of your pre-health advisor, use the prerequisite courses listed on the previous page to create an individual plan for your pre-OT ambitions. NOTE: This is **not** an official plan, advising record, or degree audit. Please review the proposed course timeline with your degree plan advisor to ensure you have the correct courses to graduate.*

FALL _____	Hrs.	SPRING _____	Hrs.

SUMMER I	Hrs.	SUMMER II	Hrs.

FALL _____	Hrs.	SPRING _____	Hrs.

SUMMER I	Hrs.	SUMMER II	Hrs.

FALL _____	Hrs.	SPRING _____	Hrs.

Fall Timeline

GRE Preparation

Spring Timeline

GRE Prep/take test by early summer
Prerequisites should be complete before applying

Summer: Apply to Occupational Therapy schools using OTCAS. OTCAS application usually opens in July.

FALL _____	Hrs.	SPRING _____	Hrs.

The application timeline differs for each OT school. Please visit their websites for more information on deadlines and application requirements.

Need Advising?

To contact your pre-health advisor, please visit:

<https://cos.unt.edu/advising/contact-your-advisor/health-professions-advisors>

General Email: Healthcareers@unt.edu

To schedule an appointment, please visit: <https://unt.navigate.eab.com/>

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